

# Time2Share Newsletter



June 2009

## Hello and Goodbye

The time has come for us to bid a fond farewell to two young ladies who have both done some amazing work during their time with Time2Share. Bev, who was previously our North East Somerset co-ordinator and has since been our skittles group leader will be leaving us after her last appearance at the skittles group in June. Becca, our social work student on placement who many of you may have spoken to in the process of our annual review will also be leaving us in June. We'd like to thank them both for all of their dedication and hard work and wish them all the best for the future.

Welcome to Joel, our new social work student on placement who will be with us for the next few months.

## National Carers and Volunteers weeks

### Volunteers week 1st - 7th June

It will be the 25th anniversary of Volunteers Week this year and we'd like to say a big **Thankyou** to all of our volunteers for their dedication and effort!!! We will be doing a prize draw to give away bottles of wine to a volunteer in each area.

### Carers week 8th - 14th June

#### 'Carers ... The UK's secret service'

There will be various events and activities for carers across B&NES and Bristol. See [www.carersweek.org](http://www.carersweek.org) for more details.

## Family Fund Extra and The Family Fund

Family Fund Extra is a new online buying club which gives discounts of up to 25% from leading online retailers such as Comet, Argos and Haven Holidays to all families with a disabled child. Family Fund extra was formed to help all families who care for a disabled child or young person, and is separate from the grant making provided by the Family Fund. As a member of Family Fund Extra, you may be able to receive further help by applying to the Family Fund for a grant. Visit [www.familyfundextra.org.uk](http://www.familyfundextra.org.uk)

The Family Fund has recently extended its age limit to help severely disabled young people from under 16, to under 18. As well as grants for washing machines, specialist toys and holidays, the Fund welcomes other requests that have a particular meaning for 16 and 17 year olds. Although all our families will be eligible for Family Fund Extra, you may not be eligible for grants from the Family Fund as there are further requirements for these grants. Visit [www.familyfund.org.uk](http://www.familyfund.org.uk)



## FAMILY FUN DAY: SUNDAY 19TH JULY

3 - 6 pm  
and

Annual General Meeting

HOP, SKIP AND JUMP, GRIMSBURY FARM, KINGSWOOD

There is plenty of room to run around inside and out or relax in the sensory room and beautiful sensory garden. The focus is on having fun and an opportunity to meet up with other parents / carers. This year the entertainment will be provided by Mr B and Bunny and there will be a buffet meal and lots of cups of tea! Carers and volunteers are also welcome to attend the meeting which lasts about half an hour.

## Welcome to the Bristol Page...

### Events in Bristol

**Urbanfest 09.** The urban paint festival. Saturday 6th June. 11:00am – 11:00pm. 140 artists, 7 venues, 12 hrs of live art. See [www.upfest.co.uk](http://www.upfest.co.uk) for more details.

#### Events at the Tobacco Factory:

**Bodyworks workshop,** at the tobacco factory theatre, Saturday 6th June. Hip/hop dance 2pm - 2.45pm beginners and 3.00-3.45pm intermediate, suitable for ages 11+, free admission (we advise booking).

**Summer Street Party,** Sunday 14th June. 10:30 – 4.30 at the market. All day kids' workshop, family fun, music and BBQ/Kofta bar

**Tobacco Factory Market,** every Sunday 10:30am – 2:30pm. Café/Bar open from 10.00. Crafts, music, brunch, and kids' activities

**Urban Fete Street Party,** 6th September at the market. Call the tobacco factory on 0117 9020060 for more details or visit [www.tobaccofactory.com](http://www.tobaccofactory.com)

#### Bristol Festival of Nature.

Saturday 6th - Sunday 7th June. Free entry at Bristol Harbourside. "The festival of Nature is a chance for all the family to explore, enjoy and get close to the natural world by taking part in a varied programme of exciting activities, from wild animal encounters and hands-on experiments to the chance to quiz scientists." [www.festivalofnature.org](http://www.festivalofnature.org)

**Bristol Balloon fiesta.** Thursday 6th - Sunday 9th August. Free entry. Ashton Court Estate. For more info see [www.bristolballoonfiesta.co.uk](http://www.bristolballoonfiesta.co.uk) or call 0117 953 5884.

**SS Great Britain, Great Western Dockyard.** Carers go free with a disabled child / adult. Young people aged 16 and under pay £5.95 and under 4's are free. They have specially narrow wheelchairs on site to allow access through cabins and a lift cleverly built in to the funnel! See their Good Access Guide on [www.ssgreatbritain.org](http://www.ssgreatbritain.org). The following events are running over the summer:

**June 21st - Father's Day Treat,** Dads enjoy a FREE beer

**July 25th - September 2 - Sinbad the Ship's Cat Trail:** Explore the ship, with Sinbad

**August 1st & 2nd - Bristol Harbour Festival:** Join the fun with an authentic steam fairground carousel, plus Victorian games

**August 1st, 8th, 15th & 29th - Sticky Ships:** Make stunning collages, with an artist

**August 22nd & 23rd - Crimean Troopship:** Take cover! Soldier re-enactors from the Crimean War. Victorian surgeon. Seek out medical advice from the ship's doctor. Leech included!

### Hopefest 2009.

Saturday 6th June. At Woodlands Church, Belgrave Road, Bristol. Music from local bands raising money for Hope Fountain Foundation, a charity which supports orphanages across Africa and India. £5 entry. The evening includes 4 bands, BBQ, visual art, drama and a raffle with a chance to win U2 tickets and a laptop computer. Tickets and information available from [www.hopefountain.org](http://www.hopefountain.org) or contact Marion [office@hopefountain.org](mailto:office@hopefountain.org). Tickets can also be purchased on the door.

## Bournstream

This is a play and picnic site for children with special needs located ½ a mile from Wootton-under-Edge on the B4060. It's free for keyholders to use whenever they want to come. It has grown into what many parents and carers call 'an oasis', with a variety of play equipment – including giant sandpits, swings, playhouse and football pitch. There is also a sheltered picnic area and a woodland walk. The site is for children with special needs, their families, carers, special schools and support groups. To join phone Jinny Rawlings on 01531 820693 and give a one off payment of £10. [www.bournstream.org.uk](http://www.bournstream.org.uk)



### Inclusion Club

**Venue:** Hareclive Youth Centre, BS13 0HP

**Organiser:** Hartcliffe and Withywood Youth Project

**Time:** 7.00 - 9.30pm every Thursday

**Description:** Youth club for young people with additional needs in South Bristol. Age 11+. Arts and crafts, sports and other activities. Also, info, advice and support.

**Contact:** Jacky Eddy Tel 0117 9038017, Hartcliffe and Withywood Youth Project.

**Additional info:** 70p subs per session. Transport provided - contact Brentry Lodge Youth Centre 0117 377 3647 for transport info.

## Welcome to the Bath Page...

### **S-O-F-A – Don't sit on it! Do it!**

Bath Area Play Project runs a programme called 'Summer of Fun Activities' specifically for young people aged 12-16 (19 if disabled).

**SOFA is organised and run by young people.**



It is totally free! This programme of fun runs from Monday 27th July – Friday 21st.

As well as physical activities such as abseiling, canoeing, dancing, fishing, horse riding, skating, skateboarding, rock climbing and volleyball, there are also other activities which range from making music to making jewellery and giving yourself

and your friends a makeover! This list of activities has been organised by young people for young people.

For a detailed programme of events and a booking form, visit [www.bapp.org.uk/sofa](http://www.bapp.org.uk/sofa) or call 01225 832479

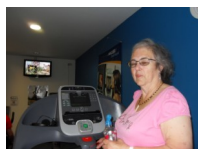
### **Street Collection in Bath - 20th June Shake it! Shake it! Collectors Needed!**

Whether it's a collection tin, some maracas or your hips – shake 'em on down in Bath on June 20th. We're hoping to raise our profile in order to recruit more local volunteers in Bath, and raise some money at the same time.

If you and a friend are at a loose end then come along and bring some chums to spread the great news, about all that we do and help us to raise some more funds. Got an hour to spare? Then join Time2Share. We'll be shaking and having a laugh! Bring joy, bring fun, bring some drums, bring your Mum, to shake it on down here in Bath!! If you can help collect ring Jackie: 0117 941 5868

### **Success in 60 minutes for Time2Share Trustee**

Pat Venn, our longest standing trustee, has completed a 60 minute sponsored treadmill walk and raised over £200 for the charity. She has been disabled for the last 12 years, so this is a great achievement. Well done Pat!



If you want to support Pat you can donate online:

[www.mycharitypage.com](http://www.mycharitypage.com)

## **Are We Cooking Yet?**

This father and son team (Tom is 15 and Simon is....respectable!) have a real energy and passion for food. They organise courses for adults and children, hosted by professional chefs with experience of working in top hotels and restaurants. This will help enhance your skills by providing an insight into the ideas and techniques practised by top chefs.

In addition to the amazing and affordable cookery courses on offer, Tom, Simon and their professional Head Chefs will be taking their passion to the streets in the form of a Cookery Festival – complete with demonstrations and workshops. They hope you will join them in celebrating food and cooking by taking part in their demos and workshops in Central Bath. With dates in August and prices to be confirmed [www.arewecookingyet.com](http://www.arewecookingyet.com) Tel: 01373 835523

**Percy Community Centre** runs activities for all ages in an inclusive environment. Summer holiday activities include:

### **Summer Play Scheme**

Tuesday 4th August - Thursday 27th August  
2.00-4.00pm at Percy Community Centre  
Free play activities for children aged 5-12yrs, including arts, crafts, sports and games and workshops

### **Community Workshops**

Tuesdays throughout summer 10.00am-12.00pm  
St Andrews School or Percy Community Centre  
Free workshops for all ages from 3yrs to 103yrs!  
Different skills / idea each week

### **Community Street Party**

Saturday 8th August 11.00am-5.00pm  
New King Street in Bath  
Live music, children's activities, food and games to bring everyone together.

For more information [www.percycentre.org.uk](http://www.percycentre.org.uk) or call 01225 423014. They also have a text alert service. Text 'PERCY' to 60300 for free updates when new events/activities are taking place at the centre.

### **Little Shop of Horrors**

Local Batheaston group "Encore Northenders" have already sold out 2 of their performances of Little Shop of Horrors held in the church hall. Remaining performances:

- ◆ Wed 1st July – 19.30
- ◆ Thurs 2nd July – 19.30
- ◆ Sat 4th July – 14.30



For more information call 01225 812202, or book online [www.encorenorthenders.com](http://www.encorenorthenders.com)

## Welcome to the North East Somerset Page ...

### Carers direct

A new website and helpline has been launched with information, advice and support for carers. The service is open seven days a week 8am to 9pm Monday to Friday and 11am to 4pm on weekends and bank holidays. You can get medical advice, information and advice on claiming the benefits that you are entitled to, information on training and advice on how you can manage studies with your caring role. There are also tips and info on how to keep yourself happy and healthy, as well as a blog where you can chat to other carers and share ideas and support each other.



### Health and Social Care Services – have your say !

A new survey from the B&NES Local Involvement Network (LINK) will allow the public to give their views of health and care in BANES. The survey, will help show what are the major concerns for people and what they think should be done. They intend to reach as many people as possible living in BANES. The information will be used to form the LINKS workplan.

LINK has new legal powers which will provide a way to question officials and influence the quality of these important services so that the people of BANES receive the best possible care available. BANES LINK is a newly formed organisation and is made up of local people who care about services and who are keen to hear everybody's views on them. Anyone who lives in B&NES or receives care services in B&NES can join the LINK and being a member allows you to take part in its activities. To download a questionnaire go to [www.baneslink.co.uk](http://www.baneslink.co.uk) or to complete online go to <http://www.baneslink.co.uk/questionnaire.php>. For printed copies of the survey telephone 0117 986 1511 or email [contact@baneslink.co.uk](mailto:contact@baneslink.co.uk)

### keynsham.co.uk Has Arrived !

Keynsham has launched a new website ... [www.keynsham.co.uk](http://www.keynsham.co.uk).

You will find up to date information regarding local events, clubs and societies, getting around and lots more. It could be a really useful website for volunteers and families looking for activities with their children. The website is part of the Keep it Local: Keep it Keynsham campaign which highlights the wealth of facilities, organisations, activities and businesses which are in Keynsham and the surrounding area and encourages people to get involved in their local community.

Information on this website covers Keynsham and Saltford and those areas with a postcode of BS31.

### Here comes Summer !

Village fetes are happening all over North East Somerset this summer and can be a great day out for families and volunteers with their linked children. Here are a few that we know about and if you know about any others then please let us know and we will put the details on our website!

**Bishop Sutton** Funday, Saturday June 20th 2009 2pm - 5pm. Set to take place on the village cricket pitch and in the hall, this event aims to bring the village together for a day of fun. In early June the Society will be distributing a free programme for the Funday and this will include news on events including a timetable for the day. The Society will also be running a 'Funday Raffle' with numerous prizes available and news of this and where raffle tickets will be available will be out very soon.

**Chilcompton Fete** - Saturday 18th July Chilcompton Celebrates, Recreation Ground, Wells Road - stalls, music etc & activities including wall climbing, swing boats, skittles, welly wanging, bouncy slide and assault course.



**Peasedown-St-John** will Party in the Park on Saturday 18th July. Community event to be opened by Micheal Eavis.

**Camerton** will be having their village day on 18th July. Camerton recreation hall, 12 - 4pm. A day of craft stalls, entertainment and refreshments. They will have arena entertainment throughout the day with stalls, rides and games around the field for members of the public to browse.

**East & West Harptree** will be holding the 'harptrees festival' 25<sup>th</sup> - 27<sup>th</sup> September. Check out [www.harptreesfestival.org](http://www.harptreesfestival.org) for more information closer to the date.